

# Brain Wave

## Supplement Facts

### **Vitamins:**

Vit A  
Vit E  
Vit C  
Vit D3  
Vit B1, Vit B2, Vit B3, Vit B5, Vit B6, Vit B12  
Folic Acid  
Biotin

### **Minerals**

Magnesium  
Zink

### **Glyconutrients**

Arabinogalactan  
Gum Ghatti  
Gum Tragacanth  
Brahmi

## Dosage per day

Children 1 - 4 years : 2.5ml – 5ml  
Children 5 – 12 years : 5ml – 10ml  
Adults : 10ml

## Features

- Pleasant tasting **syrup**;
- Contains RDA of ALL **vitamins** (including Folic Acid and Biotin);
- Contains the important brain **minerals**, Magnesium and Zinc;
- Contains **Glyconutrients** including Arabinogalactan and Brahmi (contains all 11 essential sugars);
- Contains no artificial sweeteners, colorants or flavorings;
- Contains **Xylitol**;

## Benefits

- Increases **Intelligence** and **Alertness**;
- Alleviates **Anxiety, Depression** and **Aggression**;
- Alleviates symptoms of **ADD/ADHD**;
- Improve **Learning** ability,
- Improves **Memory - Long-Term** and **Spatial Memory**;
- Improves **Concentration**;
- Helps to repair damaged **Neurons**;
- Helps the Brain to cope with excessive **Stress**.

- Improves **Appetite**;
- Builds Healthy **Bones** and **Teeth**;
- Helps to prevent **Respiratory Tract** Infections;
- Improves quality of **Sleep**;
- Improves the **Immune System's** functioning;
- Lowers the production of **Cortisol** (stress hormone);
- Helps to **Detox** the body of toxins such as excessive Cortisol;
- Improves **Mood**;
- Improves **Glucose Metabolism**, supplying energy to cells;
- Alleviates **Allergies**;
- Alleviates **Asthma** symptoms;
- Arabinogalactan is a source of **Dietary Fiber**;
- Improves **Cell-to-Cell Communication**;
- Xylitol prevents **Tooth Decay**;

# Brain Wave<sup>+</sup>

## Supplement Facts

### **Phosphatidylserine 200mg**

#### Dosage per day

Children under 18yrs : 1 capsule with meals  
Adults : 2 capsules with meals

#### Features

- Phosphatidylserine is a phospholipid that is vital to brain cells;
- Phosphatidylserine contains both amino and fatty acids found in every cell membrane within our bodies.
- The fatty acids include omega-3 and omega-6 fatty acid molecules—essential for life.
- Phosphatidylserine has many known functions throughout all of our tissues and organs, but is most important as the key building block for the billions of cells that make up the brain.

#### Benefits

1. Phosphatidylserine has proven to be a safe and effective therapeutic agent in treating **memory deficit disorders** and for improving other higher brain functions.
2. Over 3,000 published research papers and more than 60 clinical trials have established that Phosphatidylserine can rejuvenate your brain cell membranes and thereby:
  - Strengthen **memory**;
  - Increase vigilance and **attention**;
  - Boost **learning**;
  - Increase **mental acuity**;
  - Intensify your **concentration**;
  - Relieve **depression** and improve **mood**;
  - Inhibit exercise and stress induced increases in **cortisol**;
  - Decrease **stress**—*whether you are young or old*;
3. Phosphatidylserine enables the brain cells to **metabolize glucose** and to release and bind with neurotransmitters, all of which is important to [learning, memory and other cognitive functions](#).
4. Phosphatidylserine increases **communication** between cells in the brain by increasing the number of membrane receptor sites for receiving messages.
5. Phosphatidylserine modulates the **fluidity of cell membranes**—essential to your brain cells' ability to send and receive chemical communication.

6. Scientific studies demonstrate that Phosphatidylserine restores the brain's supply and output of **acetylcholine**, the neurotransmitter so important to [memory](#), and so may [turn back the clock in an aging brain](#).
7. Phosphatidylserine also stimulates your brain to produce **dopamine**. Reduced dopamine levels are also thought to contribute to [attention deficit disorder](#) and this natural substance has proven to be an effective therapeutic agent for ADD and ADHD.